



Clinics

To: Advance Conditioning Clinic Participants

Date: 7/27/2011

Re: Clinic Schedule

Advance Conditioning Clinic

The League sponsors this preseason clinic to help skaters get their "legs back" before travel team tryouts and Fall Training Camp. Below is the schedule information for the clinic:

Rink	Day	Date	Start	End	User	Division	Activity
IB-2	THU	25-Aug	5:45 PM	6:45 PM	IYHL	SQ	Conditioning 1
IB-2	THU	25-Aug	7:00 PM	8:00 PM	IYHL	PW	Conditioning 1
IB-2	THU	25-Aug	8:15 PM	9:15 PM	IYHL	BT	Conditioning 1
IB-2	TUE	30-Aug	5:45 PM	6:45 PM	IYHL	SQ	Conditioning 2
IB-2	TUE	30-Aug	7:00 PM	8:00 PM	IYHL	PW	Conditioning 2
IB-2	TUE	30-Aug	8:15 PM	9:15 PM	IYHL	BT	Conditioning 2
IB-2	THU	01-Sep	5:45 PM	6:45 PM	IYHL	SQ	Conditioning 3
IB-2	THU	01-Sep	7:00 PM	8:00 PM	IYHL	PW	Conditioning 3
IB-2	THU	01-Sep	8:15 PM	9:15 PM	IYHL	BT	Conditioning 3